



# Route Planner



**From** Cork Institute of Technology, Rossa Avenue, Co. Cork, Ireland, **to** Cavan, Ireland,  
**Distance:** 308.12 Show Distances in Miles | **Time:** 3 hr 36 min

Directions	Distance
1. <b>Start:</b> Head east	0
2. At the roundabout, take the <b>3rd</b> exit onto <b>Rossa Ave</b>	0.18
3. Continue onto <b>Melbourn Rd</b>	0.78
4. Turn <b>left</b> onto <b>Curraheen Rd</b>	1.18
5. Turn <b>right</b> onto <b>Hawke's Rd</b>	1.39
6. Turn <b>right</b> onto <b>Waterfall Road</b>	1.57
7. Slight <b>left</b> onto <b>Bandon Road</b>	1.69
8. At <b>Bandon Rd Roundabout</b> , take the <b>1st</b> exit	1.92
9. At <b>Sarsfield Rd Roundabout</b> , take the <b>3rd</b> exit onto the <b>N40</b> ramp	3.1
10. Merge onto <b>N40</b>	3.57
11. At the roundabout, take the <b>2nd</b> exit onto <b>M8</b> heading to <b>Dublin/Fermoy</b> Partial toll road	13.46
12. Merge onto <b>M7</b> Toll road	156.63
13. At junction <b>18</b> , take the <b>R445</b> exit to <b>Tulach Mhór/Tullamore/Mountrath</b> Toll road	171.19
14. At the roundabout, take the <b>1st</b> exit onto <b>R445</b>	171.66
15. At the roundabout, take the <b>2nd</b> exit onto <b>Mountrath Rd/R445</b>	174.03
16. At the roundabout, take the <b>1st</b> exit	174.43
17. At the roundabout, take the <b>2nd</b> exit Go through 2 roundabouts	174.93
18. At the roundabout, take the <b>1st</b> exit	176.53

19.	At the roundabout, take the <b>1st</b> exit onto <b>N80</b>	176.74
20.	Turn <b>left</b> onto <b>Market St/N80</b> Continue to follow N80	184.55
21.	At the roundabout, take the <b>3rd</b> exit onto <b>N52</b>	204.79
22.	At the roundabout, take the <b>2nd</b> exit and stay on <b>N52</b>	206.66
23.	At the roundabout, take the <b>2nd</b> exit and stay on <b>N52</b>	207.9
24.	At <b>Ardan Roundabout</b> , take the <b>2nd</b> exit and stay on <b>N52</b>	209.6
25.	At the roundabout, take the <b>3rd</b> exit and stay on <b>N52</b>	218.32
26.	At the roundabout, take the <b>2nd</b> exit onto the <b>M6</b> ramp to <b>Dublin/Mullingar/N52</b>	218.55
27.	Merge onto <b>M6</b>	219.24
28.	At junction <b>4</b> , take the <b>N52</b> exit to <b>Mullingar/Tyrrellspass</b>	228.12
29.	At the roundabout, take the <b>1st</b> exit onto <b>N52</b>	228.58
30.	At the roundabout, take the <b>2nd</b> exit and stay on <b>N52</b>	229.18
31.	At the roundabout, take the <b>2nd</b> exit and stay on <b>N52</b>	242.53
32.	At the roundabout, take the <b>2nd</b> exit and stay on <b>N52</b>	243.63
33.	At the roundabout, take the <b>2nd</b> exit and stay on <b>N52</b> Go through 1 roundabout	244.96
34.	Turn <b>left</b> to merge onto <b>N4</b> toward <b>Sligo/Westport/N5/Dundalk/N52</b>	246.1
35.	At junction <b>17</b> , take the <b>R394</b> exit to <b>Castlepollard/Mullingar (West)</b>	249.37
36.	Turn <b>right</b> onto <b>R394</b>	249.72
37.	At the roundabout, take the <b>1st</b> exit and stay on <b>R394</b>	249.84
38.	At the roundabout, take the <b>1st</b> exit onto <b>The Square/R394/R395</b>	266.56
39.	Turn <b>left</b> to stay on <b>The Square/R394/R395</b>	266.66
40.	Turn <b>right</b> onto <b>Green St/R394</b> Continue to follow R394	266.67
41.	Slight <b>right</b> to stay on <b>R394</b>	281.84
42.	Turn <b>right</b> onto <b>N55</b>	287.08
43.	At the roundabout, take the <b>1st</b> exit onto <b>Ballinagh Rd</b>	305.12
44.	Slight <b>left</b> onto <b>Dublin Rd/R212</b> Continue to follow R212	307.18
45.	At the roundabout, take the <b>3rd</b> exit onto <b>Rossa PI/R212</b>	308.06

#### About your route

This recommended route is designed as a guide to help you get to your destination safely and easily. If you find an error or omission, please let us know ([routeplannerquery@aaireland.ie](mailto:routeplannerquery@aaireland.ie)) so we can correct it for future users.

Always use your mobile phone safely – park legally before dialling or checking text messages. You must not use this route in a way that interferes with your control of your vehicle, or otherwise endangers your safety or the safety of others.

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